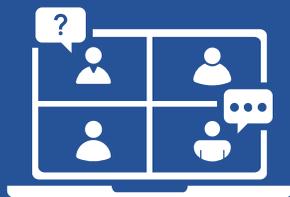


# TRAINING

## SPRING TERM 2026



### WORKSHOPS

**Understanding Autism**

**Tuesday 24<sup>th</sup> February**

**7.30 - 9.30 pm**

**Understanding Avoidant Restrictive Food Intake Disorder (ARFID)**

**Friday 27<sup>th</sup> February**

**10.30 am -  
12.30 pm**

**Making Sense of Wellbeing - Resilience skills for parents and carers**

**Tuesday 3<sup>rd</sup> March**

**10.30 am - 12 pm**

**Making Sense of Universal Credit**

**Tuesday 10<sup>th</sup> March**

**7.30 - 9.30 pm**

**Making Sense of Disability Living Allowance (DLA)**

**Thursday 12<sup>th</sup> March**

**10.30 am -  
12.30 pm**

**Making Sense of Education Health & Care Needs Assessments and Plans (EHCPs)**

**Tuesday 17<sup>th</sup> March**

**7.30 - 9.30 pm**

**Making Sense of Behaviours that Challenge (age 2-11 years)**

**Wednesday 25<sup>th</sup> March**

**10.30 am -  
12.30 pm**

**Making Sense of Transition to Secondary School**

**Wednesday 25<sup>th</sup> March**

**7.30 - 9.30 pm**

### THE SEND FOUNDATION COURSE

An introduction to SEND and the key issues parent-carers will encounter as their children grow and develop.

**Wednesday, 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup>  
March**

**7.30 - 9.30 pm**

**All of the above training will be delivered on Zoom**

**For further information visit our website or email: [outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)**



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

[reachingfamilies.eventbrite.com](https://reachingfamilies.eventbrite.com)



[www.reachingfamilies.org.uk](https://www.reachingfamilies.org.uk)

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